

Enrichment and Treat DIY Book

This book was created to provide ideas for short term volunteers/students looking for ways they can help us make sure our shelter animals are receiving the 5 Freedoms while in our care.

Once you have created/raised donations for IHS, you may deliver them to either facility during open hours.

If you are a student who needs proof of volunteer hours, you may drop off your donations to either facility during open hours. Be sure to ask the front desk staff for a student volunteer slip to give to your teacher as proof of your volunteer time.

Please do not use any of the following items which may present a danger to the animals:

- **Expired food products**
- **Toxic glue or materials**
- **Glitter**
- **Items that may become loose, which an animal may swallow, including bells, trinkets, beads, etc.**
- **String that may fray or be swallowed**
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If you have any questions, please reach out and ask!

education@idahohumanesociety.org

The mission of the Idaho Humane Society (IHS) is to advocate for the welfare and responsible care of animals, protect them from neglect and cruelty, and promote humane education, awareness, and compassion. We believe that because domestic animals are a product of human intervention, we have a special obligation to them in regard to humane treatment and responsible stewardship.

As a volunteer in our facilities or at home, you can help us meet our mission by helping us make sure each animal that comes through our doors receive these **5 Freedoms**. These include the following:

1. Freedom from Hunger and Thirst by ready access to fresh water and a diet to maintain full health and vigor.
2. Freedom from Discomfort by providing an appropriate environment including shelter and a comfortable resting area.
3. Freedom from Pain, Injury or Disease by prevention or rapid diagnosis and treatment.
4. Freedom to Express Normal Behavior by providing sufficient space, proper facilities and company of the animal's own kind.
5. Freedom from Fear and Distress by ensuring conditions and treatment which avoid mental suffering.

Pet Food and Supply Drive

Coordinate a Pet Food and Supply Drive! See below and on the next couple of pages items we are in need of. You can also find our amazon wish lists by going to

www.idahohumanesociety.org/donate/needed-items/

DOGS

- Kongs
- Nylabones – durable variety
- Portable dog runs and pens
- Kennels, crates, and carriers (new or used, all shapes and sizes)
- Dog beds — all sizes
- Dog food — dry (open or new) and canned
- Puppy food — dry (open or new) and canned
- Esbilac (replacement puppy milk)
- Dog food dishes
- Dog breed identification books
- Dog biscuits/treats (open or new)
- Dog houses
- Large dog carriers
- Canned Pumpkin
- Peanut Butter without Xylitol

CATS

- Cat toys
- Kennels, crates, and carriers (new or used, all shapes and sizes)
- Cat beds — all sizes
- Dry Kitten food (open or new) and canned
- Dry Cat food (open or new)
- Canned Cat Food – pate-style preferred for in-shelter use for medicating cats
- KMR (replacement kitten milk)
- Humane cat traps
- Cat breed identification books
- Cat food dishes
- Cat litter
- Newspaper
- Cat trees or scratching posts (new or gently used)

SMALL ANIMAL

- Timothy Hay
- Guinea pig/gerbil/rat food
- Rabbit food
- Small animal chew sticks and treats
- Waterers, small dishes
- Small animal houses
- Cages/pet pens
- Pet bedding (no pine shavings, please)
- Bird supplies
- Litter pans
- Wheels and cage accessories

GENERAL

- Office supplies
- Paper towels
- Towels
- Washcloths
- Lawn and garden tools
- Plastic Tote or Canvas Bags
- Blankets (No blankets with feathers, zippers, or buttons please). If you sew or craft, we could use:
 - 18" x 24" for our Cattery.
 - 40" x 25" for our Dog Kennels.
- Bleach
- Ziploc bags – gallon size
- Children's books about pets and humane treatment of animals
- Heating pads (with removable/washable covers)
- Circulating water blankets or heating pads
- Craft supplies for our Education Department
- Gift cards/certificates to hardware or department stores

We take prescription food, both opened and new! NEW: Idaho law recently changed and we are now able to take prescription medication.

Aluminum Can Drive

We accept aluminum cans for recycling! Each year, IHS raises around \$11,000 just from recycling cans! You can drop cans off in a gated area located at the front of our Dorman St. location or at any Zamzows across the Treasure Valley.

Sock Fish (24 Sock Fish= 2 hrs.)



Instructions:

From Martha Stewart Kids

- Roll an 8 ½ by 11 inch piece of paper into a cone for a funnel; secure with tape.
- Insert funnel into sock, and fill halfway with catnip.
- Knot sock just above filling.
- Using a non-toxic marker, give it some fun eyes and a mouth

Supplies: socks, scissors, non-toxic markers, cat nip

Catnip Fish Toy (24 Fish Toys= 6 hrs.)



Supplies: pencil, fabric, pins, pinking shears, cotton batting or wool scraps, piece of paper, catnip, needle and thread, upholstery needle and this sturdy twine for hanging

Instructions:

- Draw and cut out fish shape. A ¼ inch seam allowance needs to be added to the fish shape. Trace the fish shape onto two layers of fabric. Cut out shapes.
- Pin right sides together. Sew seam, and leave 1 ½ inch opening for filling.
- Trim seams with pinking shears.
- Turn right side out and press the seams flat.
- Stuff with cotton batting or wool scraps until firm. Shape a piece of paper into a funnel, and use it to add 1-2 tablespoons of dried catnip or to fill the whole toy with catnip.
- Hand stitch opening closed.

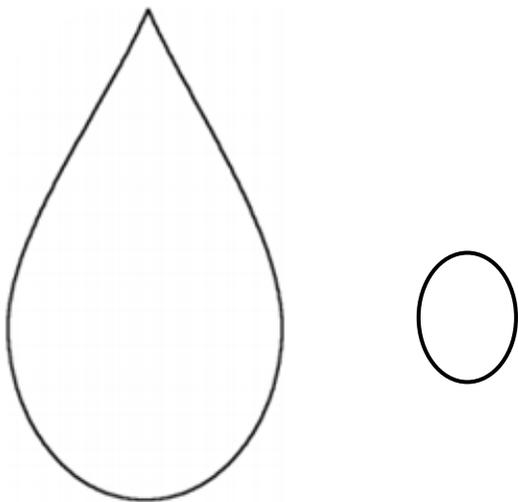
Catnip Mouse (24 Catnip Mice= 6 hrs.)



Supplies: catnip mouse template, felt, stuffing, rope, catnip, scissors, hot glue gun and hot glue sticks, extra felt (optional for ears)

Instructions:

- Cut out tear drop and oval below to use as your pattern.
- Trace patterns on felt and cut out- three tear drop and two ovals.
- Glue the top edges of the side pieces to each other. Glue the bottom piece of felt to the bottom of the side pieces. Be sure to leave an opening in the back to insert stuffing.
- For your stuffing, use cotton batting and catnip. Cut a piece of rope for the mouse's tail and stuff the back of the mouse. Seal with glue, and glue on ears. To add eyes, use a marker.



No Sew Fleece Blanket (1 Blanket= 1 hr.)



Supplies: two pieces of fleece- 30inches x 25inches, four safety pins, washable marker, scissors, 4x4 in and 1x4 inch cardboard for template

Instructions:

- Lay the two pieces of fleece wrong sides together.
- Put one safety pin about 6inches in from the edges of each corner to hold it together.
- Take 4x4 inch square template and trace in each of the four corners and cut out corners. This will prevent bunching of the material in the corners and help make tying easier.
- Take the 1x4 inch and trace all along the outer edges then cut the strips on all four sides.
- Tie all strings with the strips directly below. Tie using a double knot and pull tight so they don't untie in the wash.
- Stretch out the sides and take the safety pins out.
- Wash and dry to get washable marker out.

Turtle Feeder (24 Turtle Feeders= 4 hrs.)



Supplies: Egg carton, non-toxic glue, scissors, pencil, binder clips, decorating materials

Instructions:

- Cut an egg cup from the carton to serve as the shell for the turtle.
- Place the cup adjacent to the spacer bump on the reverse side of the top of the carton. Trace around the perimeter to outline the contour of the space. This will form the head of the turtle, as well as a base to keep the food inside the shell.
- Cut the lid following the outline you've made.
- Apply glue around the edge of the egg cup. Clamp the two pieces together using the binder clips. Let the glue set.
- Decorate your turtle.

Cardboard Cluster (24 Cardboard Clusters=2 hrs.)



Supplies: cardboard scraps, scissors, twine, hole punch

Instructions:

- Cut cardboard into small pieces no larger than 2 inches x 2 inches.
- Hole punch the center of each piece of cardboard.
- Cut twine into 4 inch strands.
- Stack 6-8 pieces of cardboard. Feed twine through the center tie off each end.
- Cut off any extra twine on each end.

Tube Pyramid (4 Tube Pyramids=2hrs.)



Supplies: Toilet paper rolls, hot glue gun, hot glue sticks, small box, shredded paper

Instructions:

Option 1

Glue toilet paper rolls together in the form of a pyramid.

Hide cat treats, small toys, or even shredded paper with sprinkled Catnip.

Option 2

Take a small box and glue ends of tubes to the inside of the box.

Hide cat treats, small toys, or even shredded paper with sprinkled Catnip.

For storage reasons please call shelter to see what current needs are.

(208)331-8553

Fleece Braided Tug Toys (10 Toys=2hrs.)



Supplies: Fleece, Fabric Scissors, yardstick

Instructions:

- Using yard stick cut three to six strips of fleece.
- Gather strips of fleece and tie large knot at one end.
- Separate fleece strips into three sections then braid.
- Leave enough fleece at the other end to tie knot.

Note: Fleece braids can vary in width and length. Do try to keep the length less than two feet.

Hide and Seek Box (2 Boxes=2hrs.)



Supplies: Recycled box (no larger than 24in x 24in), tape, x-acto or utility knife, pipe cleaners, hot glue gun, hot glue sticks, Optional: newspaper, cat treats, catnip, ping pong balls

Instructions:

- Cut out small opening all over box (Small enough for the cat to not get stuck, but big enough so that kitty paws don't get stuck)
- Tape together all seams of the box.
- For extra fun add Pipe Cleaners or other fun items to the outside of the box. Decorate, decorate, decorate... the more "things" you attach... the more fun the cat will have!
- No cat toys handy to hide? Use cat treats, crumple up a small wad of newspaper with catnip inside. Ping pong balls and craft puff balls make great substitutes as well.

T-Shirt Cat Tent (2 Tents= 2 hrs.)



Supplies: Old Medium to Large T-Shirts, wire hangers, roughly 15in x 15in x 3in cardboard box (or lids for filing boxes), tape, hair ties, wire cutters or pliers

Instructions:

- Cut the hooks off hangers and shape the wires into arcs.
- Poke a small hole in all four corners of your box.
- "Criss-Cross" hangers and tape together at the top to form a tent like frame.
- Poke the four ends of the hanger frame down through the four holes in your box. On the bottom of the box bend the wires over and tape to the bottom of box.
- Pull the T-shirt over the frame and position the shirt so that the neck hole is in the front middle to create a door.
- Pull all loose fabric, fold over and gather with hair tie so that there is only one opening to the tent. * Make sure that hair ties are hidden and secure.

Wheel Feeder (10 Feeders= 2 hrs.)

Supplies: round food container with a lid, such as one used for sour cream or cream cheese, spare contain lid, nontoxic glue, x-acto or utility knife

Instructions:

- Clean and sanitize container.
- Cut a few small holes in the sides of the container that is large enough for your cat's food to pass through. Please make sure there are no super sharp edges from cutting the plastic.
- Glue an additional lid to the bottom of the container that's slightly larger in diameter. This will alter the way the feeder rolls and add variety to your cat's playtime experience.



Dog Biscuits (5 dozen= 3 hrs.)

Supplies: (makes about 5 dozen) 1 cup all-purpose flour, ¼ cup wheat germ, ¼ cup brewer's yeast, 1 teaspoon salt, 1 ½ tablespoons canola oil, ½ cup low-sodium canned chicken stock, plus more for brushing

Instructions:

- Preheat oven to 400 degrees. In a medium bowl, whisk together flour, wheat germ, yeast, and salt; set aside.
- Place oil in a large bowl. Add stock and flour mixture in three alternating batches, beginning and ending with stock. Mix well.
- On a lightly floured work surface, roll out dough to about 3/8-inch thick. Shape biscuits using a dog-bone-shaped cookie cutter or by cutting around a store-bought dog bone with a butter knife. (Make biscuits that are appropriate for your dog's size.)
- If desired, you can spell out your dog's name or a holiday message in the dough with a toothpick (wet the toothpick first so it won't stick).
- Transfer to parchment-lined baking sheets. Repeat with remaining dough.
- Bake biscuits 10 minutes. Brush with stock; rotate baking sheets, and bake 10 minutes more. Turn off oven, leaving door closed. Let dog biscuits stand in oven to dry completely, about 1 ½ hours. Wrap as a gift, or store in an airtight container at room temperature.

